



# Alma Park Anti-Bullying Newsletter (3<sup>rd</sup> edition) Spring 1

## ABC Peer Support Training

We have been doing some ABC peer support training with Miss Watt and this has included discussing different types of bullying such as: cyberbullying, physical bullying, emotional bullying, and verbal bullying. We have also looked at different scenarios and how to deal with them. Another thing that we have looked at so far are the qualities needed to be an ABC member. These qualities are: kindness, patience, fairness, a listening ear, confidence, being responsible, reliable and trustworthy. As a group we feel these qualities are an important part of any ABC member. We can confidently say that the current ABC members all have these amazing qualities.

Written by Muskan, Ahad, Arthur & Wajiha

## PALs

The Alma Park playground PALs are children from year 5 who are available to help children in both playgrounds both at lunchtime.

### What do PALs do?

- They check that children are safe.
- They play with children who are lonely.
- They help children to make friends

## Reporting Procedures

We hope that your child will never experience bullying at Alma Park. However, we would like to ensure that all adults and children are clear of the ways to get support. In the first instance we encourage all children to inform an adult. If they feel that this has not been resolved adequately they can inform one of the AHTs or indeed the Head teacher who is available on the playground before school every morning. If your child reports an incident to you please check that (s)he has informed his/her class teacher. If you would like to meet with your child's teacher please arrange to meet at a mutually acceptable time. If after this you are not happy that the situation has been resolved satisfactorily, please make an appointment to meet with the head teacher. If you feel that you would like to make a complaint to the governing body please address a letter to Monika Neill, Chair of Governors.

**Look out for the next anti-bullying newsletter in March**